

# INTRODUCTION OF PALLIATIVE CARE TO NURSES PRE-CONFERENCE WORKSHOP - 09/02/2017 - THURSDAY

adding  
value  
to

- AWARENESS
- LEARNING
- DECIDING RIGHT
- CARE UNTIL THE END



Please visit our website  
to know Registration details.  
[www.iapcon2017cbe.com](http://www.iapcon2017cbe.com)

Time : 9.00am Registration,  
09.30 hrs Start, 16.45 hrs finish  
Fee : Rs 300

Venue : The Raksha Hospice  
Numbers : 50 participants

## Outline of Programme

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life threatening illness through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. (WHO, 2002).

This course will give an overview of the philosophy of Palliative Care. After introducing you to the concepts of Palliative Care the course will cover topics like Pain Management, need based Home care and communication skills required to support patients and their carers who are facing life limiting medical conditions. This course values the concept of holistic care and the unique individual characteristics of the terminally ill patient. The Physical, psychosocial and philosophical aspects of pain management will be addressed in this course.

An experienced panel of Palliative care nurses will be sharing their knowledge in this interactive session.

**Aims:** To explore principles and practices of palliative/end of life care with people with life limiting conditions. To provide nurses with skills to support people in their end of life journey.

## Objectives:

- To provide holistic care for persons diagnosed with a life - limiting illness and in the last days of a person's life and also for their families, carers and significant others.
- To communicate effectively with persons with a life-limiting illness and in the last days of a person's life and also with their families, carers and significant others.
- To enhance the quality of life of the person with a life - limiting illness.
- To recognise and respect the uniqueness of each person's approach to death.
- To work effectively as part of the healthcare team.

<b>09.00 hrs - Registration</b>		
09.30 - 10.15 hrs	Introduction to Palliative Care	Mrs Alice Stella Verginia Specialist Palliative Care Nurse, Calicut Medical College
<b>Tea break</b>		
10.30 - 11.30 hrs	Pain Management	Mr Swaroop, Palliative Care nurse, MNJ Institute, Hyderabad
11.30 - 13.30 hrs	Communication in Palliative Context	Mrs Alice Stella Verginia Nurse, Faculty of Palliative Care, Calicut Medical College
<b>Lunch break</b>		
14.00 - 15.30 hrs	Need based Home care	Mrs Shakila Nurse, Palliative Care nurse, CMC Vellore
15.30 - 16.30 hrs	Terminal Care	Miss Shiney, Palliative Care Nurse, Calicut Medical College
<b>Tea break</b>		
16.30 hrs	Questions and close	